

2011 WOMEN'S SAILING PROGRAM

Come join the fun. Following is a brief description and outline of the upcoming 2011 women's program hosted by the Great Salt Lake Yacht Club.

Who: For all women inexperienced, somewhat experienced or experienced at sailing

What: Program designed to inform women of the basics of sailing, safety while boating, how to sail and participate in actual sailing on the Great Salt Lake

Where: Great Salt Lake Yacht Club located at the Great Salt Lake Marina.
**I-80 exit 104 (by Saltair)

When: Saturday, June 4 and/or Sunday, June 5, 2011
(The program is only 1 day)

Why: To enjoy a day of sailing designed by women just for women

Cost: Free, although donations are gladly accepted to help support our boating programs.

If interested: Call Valerie at 850-420-1709 or email vdsgator@hotmail.com with **women's program in subject line** and include in the message, your name, which day you would like to participate and whether you would to crew (help to man the boat), provide a boat for use or help with the program.

Additional Information:

- 1. I plan on beginning sign-ins on both days for this event from 8:30am to 9:30am.*
- 2. For a little more detail, here is how the set-up goes.*

Sign-ins will be from 8:30am to 9:30am at the Pavilion at the Marina with boating type activities available to try out. We have a speaker scheduled to talk about various sailing components beginning at 10:00am and plan to have the ladies on the lake by 11:00am and returning at 3:00pm to join in a small social and raffle afterwards.
3. I will be providing a continental breakfast before sailing which will include juice, coffee, and some type of muffins, bagels or granola bars.

What to bring:

Breakfast munchies will be provide but please bring your own food for lunch and drinks (water is best).

Drinks of water and soda will be provided but if you prefer to bring something else for yourself feel free to do so.

Please be sure to bring the following: yourself, sun protection (sunscreen, hat, sunglasses), snacks or some type of sack lunch, something to drink (water is best), closed toed shoes, wear comfortable clothing (may want a light weight long sleeved shirt/jacket in case it is a little cool that day although the weather is usually expected to be in the mid to high 70's)

I plan on making this a day of fun sailing and hopefully you'll learn a little bit along the way.

SEE YOU ON THE LAKE!!

Valerie